



JANUARY 2014



Daily Lunch \$4.50
Lunch includes: 1% Plain Milk or Local Organic Apple Juice, Fresh Fruit & Salad

Monday	Tuesday	Wednesday	Thursday	Friday
		1 No School	2 No School	3 No School
6 Mac n Cheese	7 Taco's Beans & Salsa	8 Spaghetti & Meatballs	9 Chicken Noodle Soup & Bread Sticks	10 AES *Chef's Pizza AMS Chef's Special
13 Grilled Cheese Tomato Soup	14 **Nachos	15 Cheese Ravioli Marinara Sauce	16 Burgers Roasted Potatoes	17 AES *Chef's Pizza AMS Chef's Special
20 No School	21 *Quesadilla Chicken, Veggie, Cheese	22 Pasta with Meat Sauce	23 Chicken Pattie Sandwich Roasted Sweet Potato	24 No School
27 Breakfast For Lunch Granola & Yogurt	28 Fajitas Chicken or Veggie	29 BBQ Pork Corn Bread	30 Orange Chicken With Noodles	31 AES *Chef's Pizza AMS Chef's Special

HOME COOKED MEALS PREPARED DAILY ~ MEATLESS MONDAYS ~ *GLUTEN FREE AVAILABLE