



NOVEMBER 2013



Daily Lunch \$4.50

Lunch includes: 1% Plain Milk or Local Organic Apple Juice, Fresh Fruit & Salad

Monday	Tuesday	Wednesday	Thursday	Friday
				1 AES *Chef's Pizza AMS Chef's Special
4 Cheese Ravioli Marinara Sauce	5 *Quesadilla Chicken, Veggie, Cheese	6 Spaghetti & Meatballs	7 Burgers Roasted Potatoes	8 AES *Chef's Pizza AMS Chef's Special
11 Breakfast For Lunch Granola & Yogurt	12 **Nachos	13 Pasta with Meat Sauce	14 Chicken Alfredo Bow Tie Pasta	15 AES *Chef's Pizza AMS Chef's Special
18 Spaghetti with Marinara Sauce	19 Taco's Beans, Salsa, Corn	20 Annual Thanksgiving Lunch Join your child for this special lunch	21 Chicken Noodle Soup & Bread Sticks	22 AES *Chef's Pizza AMS Chef's Special
25 No School	26 No School	27 No School	28 No School	29 No School

HOME COOKED MEALS PREPARED DAILY ~ MEATLESS MONDAYS ~ *GLUTEN FREE AVAILABLE